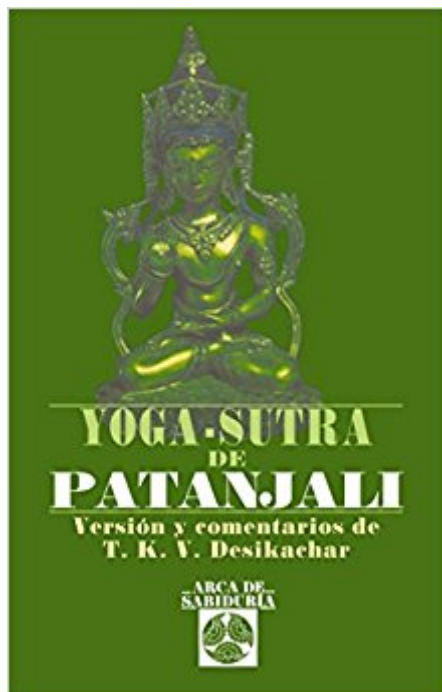


The book was found

Yoga Sutra De Patanjali



Synopsis

Los yoga-sutras de Patanjali es el primer texto de yoga conservado íntegramente. Escritos hace más de 2.000 años, se centran en cómo alcanzar la experiencia directa y la realización del yo más interior o alma. Como tratado clásico del entendimiento hindu del alma y conciencia y sobre la meditación, ha ejercido una inmensa influencia sobre las prácticas del induismo tanto en la India como en Occidente. Sus 195 aforismos constituyen una guía precisa sobre la práctica del yoga, considerándose una obra capital de esta disciplina. / Written more than two millennia ago, Patanjali's work focuses on how to attain the direct experience and realization of the innermost individual self, or soul. Its 195 aphorisms are an accurate yoga practice guide and it is considered a seminal work of this discipline.

Book Information

Paperback: 160 pages

Publisher: Edaf (2001)

Language: English, Spanish

ISBN-10: 8476407912

ISBN-13: 978-8476407912

Product Dimensions: 4.2 x 0.6 x 7 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 1 customer review

Best Sellers Rank: #2,181,982 in Books (See Top 100 in Books) #84 in [Books > Religion & Spirituality > Hinduism > Sutras](#)

Customer Reviews

everything ok. It arrived much before expected

[Download to continue reading...](#)

Raja-Yoga & Patanjali Yoga-Sutra by Swami Vivekananda Yoga Sutra of Patanjali With The Eight Limbs of Yoga Box Set Collection Yoga: Discipline of Freedom. The Yoga Sutra Attributed to Patanjali The Yoga Sutras of Patanjali: By Patanjali & Illustrated (Five Bonus works & an Audiobook FREE are included) Yoga Sutras of Patanjali Proper Translation This book is now included in the eBook Patanjali Code Glimpses of Raja Yoga: An Introduction to Patanjali's Yoga Sutras (Yoga Wisdom Classics) Yoga: 100 Key Yoga Poses and Postures Picture Book for Beginners and Advanced Yoga Practitioners: The Ultimate Guide For Total Mind and Body Fitness (Yoga ... Books)

(Meditation and Yoga by Sam Siv 3) Kama Sutra: Best Sex Positions from Kama Sutra and Tantra to Skyrocket Your Sex Life (Kama Sutra, Sex Positions, How to have Sex, Tantric Sex) (Volume 1) The Yoga-Sutra of Patanjali: A New Translation with Commentary (Shambhala Classics) The "Yoga Sutra of Patanjali": A Biography (Lives of Great Religious Books) Yoga Sutra of Patanjali Yoga sutra de patanjali Inside the Yoga Sutras: A Comprehensive Sourcebook for the Study & Practice of Patanjali's Yoga Sutras Yoga: The Yoga Beginner's Bible: Top 63 Illustrated Poses for Weight Loss, Stress Relief and Inner Peace (yoga for beginners, yoga books, meditation, mindfulness, ... self help, fitness books Book 1) Yoga: 21 Essential Yoga Poses to Strengthen Your Body and Calm Your Mind (FREE Meditation Bonus!): (Meditation, Yoga Poses, Relaxation, Stress Relief, Yoga for beginners) The Heart Attack Sutra: A New Commentary on the Heart Sutra Kama Sutra for Beginners: Your guide to the best Kama Sutra Love making techniques The Lotus Sutra: Saddharma Pundarika Sutra or the Lotus of the True Law Buddhist Wisdom: The Diamond Sutra and The Heart Sutra The Sutra of Hui-neng, Grand Master of Zen: With Hui-neng's Commentary on the Diamond Sutra (Shambhala Dragon Editions)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)